August/September Lunch Menu

Jordan Bank Elementary

Elk Ridge Elementary

Nottingham Elementary

Welcome Back! We Have Missed You!

Monday August 30

Popcorn Chicken Bites/ W Dinner Roll Sweet Corn, Baby Carrots Apple Slices, Chilled Fruit

<u>Tuesday August 31</u> Bosco Cheese Sticks W/ Marinara Dipping Sauce Green Beans, Celery Sticks Grapes, Chilled Fruit

Wednesday September 1

Hot Ham and Cheese Melt on a Pretzel Roll Goldfish Crackers, Cucumber Coins Orange Wedges, Chilled Fruit

> Thursday September 2 Hamburger or Cheeseburger French Fries, Tomato Slices Apples, Chilled Fruit

Friday September 3 & Monday September 6 NO SCHOOOL Happy Labor Day



<u>Tuesday September 7</u> Breaded Chicken Filet on a Whole Grain Bun Yellow Squash, Pickles Granny Smith Apples, Chilled Fruit

> <u>Wednesday September 8</u> Cheese Pizza Veggie Boat, Broccoli Orange Wedges, Chilled Fruit

<u>Thursday September 9th</u> Deli Sandwich Lettuce, Tomatoes, Baked Chips Blueberries, Raisins

Friday September 10th Hamburger or Cheeseburger French Fries, Tomato Slices Mixed Fruit Salad, Frozen Sidekick

<u>Monday September 13th</u> Grilled Chicken Sandwich W/ Ranch or BBQ Baby Carrots, Green Beans Apples, Chilled Fruit

> Tuesday September 14th Beef Tacos (2) W/ Cheese Sweet Corn, Salsa Cup Oranges, Chilled Fruit

<u>Wednesday September 15th</u> Pizza Pockets (Calzone) Green Beans, Garden Salad Strawberries, Chilled Fruit

Thursday September 16th Turkey and Cheese Roll-Up Pretzels, Crunchy Broccoli W/ Dip Grapes, Chilled Fruit

Friday September 17th Cheese Burger Sliders (2) French Fries, Pickles Mixed Fruit, Frozen Sidekick Monday September 20 Chicken and Cheese Quesadilla W/ Rice Corn and Black Bean Salsa, Celery Sticks

Pineapple, Chilled Fruit

Tuesday September 21 Creamy Mac and Cheesy Sweet Peas, Tomato Salad Grapes, Chilled Fruit

Wednesday September 22 Mozzarella Sticks W/Sauce Mixed Vegetables, Baby Carrots Apple Slices, Chilled Fruit

<u>Thursday September 23</u> All Beef Hot Dog on a Whole Grain Bun Baked Beans, Veggie Cup Raisins, Chilled Fruit

Friday September 24 Hamburger or Cheeseburger Fries, Cucumber Slices Orange Wedges, Frozen Sidekick

<u>Monday September 27</u> Chicken Nuggets W/ Dinner Roll Steamed Broccoli, Baby Carrots Fresh Melon, Chilled Fruit

Tuesday September 28 Brunch 4 Lunch! Dutch Waffle W/ Sausage Patty Hash Rounds, Grape Tomatoes Mixed Fruit Salad, Chilled Fruit

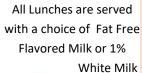
Wednesday September 29 Big Daddy's Cheese Pizza Garden Salad, Corn Strawberries, Chilled Fruit

<u>Thursday September 30</u> Italian Hoagie W/ Baked Chips Lettuce, Tomato, Celery Sticks Apples, Chilled Fruit

Any Questions?

Please Contact the Food Service Office

610-932-6660





What's in a Meal?

Choice of Milk 1Entrée 1 Fruit 1 or 2 Vegetables 1 Grain You must choose at least 3 items (1 fruit or Vegetable) or you may choose up to 5 items for a no cost lunch!

Breakfast and Lunch will be offered at no charge for the 21/22 School Year

Second Meals or a la carte items (single items) must be paid for from your child's account.

www.schoolcafe.com